



CHILD'S NAME: \_\_\_\_\_

Protein 1.5oz Fruit ½ cup Veggie ½ cup Bread ½ slice Milk ¾ cup
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# July 2020

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

6 PB&J Crustables Bananas Broccoli Milk	7 Egg & Cheese Omelette Applesauce Corn Milk	8 Turkey Sub Fruit Cocktail Green beans Milk <u><b>Vegetarian</b></u> Cheese Sub	9 Cheese Pizza Pineapple Waffle Fries Milk	10 Chicken Patty Bananas Mixed Veggies Milk <u><b>Vegetarian</b></u> Quesadilla
13 Noodles w/ Marinara Bananas Cauliflower Milk <u><b>Vegetarian</b></u> Grilled Cheese	14 Meatloaf Oranges Peas Milk <u><b>Vegetarian</b></u> Cheese Quesadilla	15 Ham & Cheese Pears Corn Milk <u><b>Vegetarian</b></u> Cheese Sandwich	16 Cheese Pizza Peaches Carrots Milk	17 Corn Dog Bananas Green Beans Milk <u><b>Vegetarian</b></u> Cheese Omelet
20 Beef Stew Bananas Green beans Milk <u><b>Vegetarian</b></u> Grilled Cheese	21 Sloppy Joes Apples/applesauce Corn Milk <u><b>Vegetarian</b></u> Cheese Quesadilla	22 Broccoli/Cheddar Noodle Bake Oranges Milk	23 Cheese Pizza Pears Peas Milk	24 Macaroni and Cheese Bananas Cauliflower Milk
27 Chicken Nuggets Bananas Carrots Milk <u><b>Vegetarian</b></u> Grilled Cheese	28 Grilled Cheese Pineapple French fries Milk	29 Turkey Sandwich Applesauce Cucumber Milk <u><b>Vegetarian</b></u> Cheese Sandwich	30 Cheese Pizza Oranges Mixed Veggies Milk	31 Noodles w/Marinara Bananas Green beans Milk