



CHILD'S NAME: _____

December 2018

Protein 1.5oz Fruit ½ cup Veggie ½ cup Bread ½ slice Milk ¾ cup

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Patty Bananas Mixed Veggies Milk <u>Vegetarian</u> Bean & Cheese Burrito
3 Chicken & Rice Bananas Green Beans Milk <u>Vegetarian</u> Grilled Cheese	4 Stuffed Shells w/ Marinara Mandarin Oranges Zucchini Milk	5 Pepperoni Pizza Peaches Carrots Milk <u>Vegetarian</u> Cheese Pizza	6 Ham & Cheese Sub Pears Corn Milk <u>Vegetarian</u> Grilled Cheese	7 French Toast Stix & Sausage Patties Bananas Broccoli Milk <u>Vegetarian</u> Cheese Quesadilla
10 Chicken Alfredo Bananas Green beans Milk <u>Vegetarian</u> Grilled Cheese	11 Spaghetti w/ Meatsauce Applesauce Corn Milk <u>Vegetarian</u> Spaghetti w/ Marinara	12 Chicken Tenders Pears Peas Milk <u>Vegetarian</u> Cheese Pizza	13 Hamburger Mandarin Oranges Tater Tots Milk <u>Vegetarian</u> Grilled Cheese	14 Macaroni & Cheese Bananas Cauliflower Milk
17 Pizza Rolls Pears Green Beans Milk <u>Vegetarian</u> Grilled Cheese	18 Beans & Weiners Pineapple Tater Tots Milk <u>Vegetarian</u> Cheese Quesadilla	19 Cheese Tortellini Orange Segments Mixed Veggies Milk	20 Roasted Turkey Breast Mashed Potatoes Banana Carrots Milk <u>Vegetarian</u> Grilled Cheese	21 Chicken Tenders Applesauce Corn Milk <u>Vegetarian</u> Bean Burrito
24 It's almost time...	25 Happy Holidays !!!	26 Turkey & Cheese Sub Green Beans Pears Milk <u>Vegetarian</u> Cheese Omelette	27 Corn Dogs Zucchini Banana Milk <u>Vegetarian</u> Mac & Cheese Bites	28 Chili Mac Pineapple Salad Milk <u>Vegetarian</u> Cheese Pizza
31 Happy New Years Eve -	Jan 1 Happy New Years	2 Meatloaf Carrots Mashed Potatoes Pineapple Milk	3 Vegetable Lasagne Salad Orange Segments Milk	4 Chicken & Noodles Green Beans Applesauce Milk

